

Monday 22nd June – Active Day

Please see the sheets attached for some short activities you could try out. You can also use the active ideas sheet from last week if you wish. I would also urge you to continue to fill out your active log that was attached in last weeks email. Enjoy!

Tuesday 23rd June – STEM Day

Use your STEM (Science, Technology, Engineering and Maths) skills to come up with a solid structure and use your creativity to make it look really unique!

To begin, allow a couple of minutes to make shapes using the sweets and toothpicks, straws, spaghetti, etc. Have a look at the following link which will give you some more ideas! <https://littlebinsforlittlehands.com/gumdrop-bridge-building-engineering-activity-stem/>

Investigate how strong your bridge is. To do this, predict how many coins/marbles/cubes (whatever you have at home) your bridge will be able to hold using a paper plate. Then record your results!

An alternative to this experiment would be to build the '**Tallest Tower**' possible in a certain amount of time! Decide on a time limit, for example 5/10/15 minutes! You can use a stopwatch to make it more fun! Using the same materials listed above (jellies and toothpicks, etc) construct a tall tower that will still be standing when the time is up!

Wednesday 24th June – Active Day**ACTIVE DAY: Why not try a virtual Sports Day!****1. Egg and Spoon/ Spud and Spoon Race**

Each child gets a spoon and egg (hard boiled or plastic) or a spud. Each child must carry their egg/spud on their spoon without touching it from the starting line to the finish line. If the egg/spud is dropped you must pick it up and continue on. You could challenge your parents/guardians to a race!

2. Sack Race

Each child gets into a sack (black bags) and hops up to and around a cone or some marked point. The first person back to the start is the winner.

3. Knock 'Em Down Pinball

Line up a couple of metres apart with a line of skittle targets in the middle (these could be tins of beans, cereal boxes etc.) Each child takes a turn to roll a ball (tennis ball/sliotar etc) trying to knock over the target in the middle. If you successfully knock over the skittle you can claim this skittle and bring it over to your side. Whoever has the most skittles at the end is the winner.

4. Jockeys Up

Get into pairs (horse and jockey) and on a signal the children will carry out the following movements:

Under the bridge - the jockey crawls under the horse's body. Long way to town - the jockey jumps clockwise in a circle around the horse.

Short way to town - the jockey jumps anti-clockwise around the horse.

Trade your horse - all jockeys find a new partner.

5. Obstacle Course

Get the children to create an obstacle course outside using whatever equipment you have at home. Challenge someone in your family to complete the course or time yourself to see how many times you can complete the course in 15minutes. Below is a link for an example of an outdoor obstacle course.

<https://youtu.be/sXjDO9G2JQY>

*Here is a link for a Spotify playlist for some music to accompany your 'Virtual Sports Day' activities:

https://open.spotify.com/playlist/7t02bxdFRuJHD8xSGyF8tD?si=FHOcL62uRS6JQw8l_By1lg

Thursday 25th June – Virtual School Tour

VIRTUAL SCHOOL TOUR:

- Go to visit Sandiego Zoo today.at <https://kids.sandiegozoo.org/>. It is geared for children. They can learn all about all the animals, watch videos of them, read and learn about them, play games and there are fun activities like matching activities and colouring pages and fun facts to do also. Choose from the menu at the top of the page.

- Visit our own Dublin Zoo either and watch the live webcams of the elephants, penguins, or the African Savanna at <https://www.dublinozoo.ie/animals/animal-webcams/>.

- <https://www.edinburghzoo.org.uk/webcams/panda-cam/> also has a variety of live webcams of pandas, penguins, tigers, koalas, rockhoppers and lions

- If you wish you could also take a visit to a fire station or a chocolate factory to see how chocolate is made..there are some really cool little videos on youtube if you wish to have a look.

Friday 26th June – Active Day

Please see the sheets attached for some short activities you could try out. You can also use the active ideas sheet from last week if you wish. I would also urge you to continue to fill out your active log that was attached in last weeks email. Enjoy!