

Ms. Bergin's 4th/5th Class: June 22nd – 26th

Hi everyone,

Great work last week! Hope you enjoyed some of the activities. Thanks for sharing your photos, videos and comments on Seesaw!

This week we are mixing active days with some Stem Activities and A Virtual School Tour. Again, like last week, choose an activity, or more than one each day, that you would enjoy. Keep sharing your photos and videos on Seesaw!

As we close out the school year this week I just want to thank you all for all your hard work over the last weeks and months. It hasn't been easy for you or your parents to keep on top of your schoolwork or to stay motivated but you have all put in such a great effort, well done!

Wishing you all a lovely summer and looking forward to seeing you all back in Scoil Lachtain in September!

Ms. Bergin

Monday: 22/06/20

4th Class: Please log on to your AR and complete the end of year Star Reading Test.

Step 1: Log in using your username and password. – Email me or contact via Seesaw if you need a reminder of your password!

Step 2: Click the Blue Star Reading tab/button.

Step 3: Authorisation Password is 'admin'.

Remember – try to do the test as if you were in school so find a quiet room, no interruptions and if you are not sure of an answer just let the question time out – do not guess. Take your time – there is no rush!

Active Day:

- ✓ Let's keep our KM Challenge going this week. Can we beat last week's total?
- ✓ Pump it up – Fresh Start Fitness
<https://www.youtube.com/watch?v=etYhiq9hM8A>
- ✓ Go Noodle Dance: Can't Touch This
<https://www.youtube.com/watch?v=RbzclzMPyIg>
- ✓ Spell Your Name PE – Linked on Seesaw or <http://ourladyoflourdesns.ie/wp-content/uploads/2020/03/spell-your-name-pe.png>

Tuesday: 23/06/20

5th Class: Please log on to your AR and complete the end of year Star Reading Test.

Step 1: Log in using your username and password. – Email me or contact via Seesaw if you need a reminder of your password!

Step 2: Click the Blue Star Reading tab/button.

Step 3: Authorisation Password is 'admin'.

Remember – try to do the test as if you were in school so find a quiet room, no interruptions and if you are not sure of an answer just let the question time out – do not guess. Take your time – there is no rush!

STEM Day:

- ✓ STEM – Science, Technology, Engineering, Maths
- ✓ Build your name in 3D.
- ✓ Make a car with moving wheels.
- ✓ Create a zipline for a lego person or small doll.
<https://www.youtube.com/watch?v=WXpyrJrTyFk&feature=youtu.be>
- ✓ Make a parachute for a lego person or small figurine.
https://www.youtube.com/watch?v=Ab_g5sLoXoY&feature=youtu.be
- ✓ Build a see-saw for small figurines.
<https://www.youtube.com/watch?v=Wm1N63WvefU&feature=youtu.be>
<https://www.youtube.com/watch?v=lueqE0lxLyc&feature=youtu.be>

Wednesday: 24/06/20**Active Day:**

- ✓ Design a home exercise circuit – you could use some of the activities in the Spell Your Name PE activity.
- ✓ Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga/videos>
- ✓ Don't forget the KM Challenge!

Thursday: 25/06/20**Virtual School Tour Day:**

- ✓ I've emailed the Virtual School Tour to your parent's email address. It's also on the website and linked on Seesaw. Hope you find something you enjoy!
- ✓ Keep working on the KM Challenge.

Friday: 26/06/20**Active Day:**

- ✓ Rock Out – Fresh Start Fitness - <https://www.youtube.com/watch?v=3KReaoKLA-4>
- ✓ Go Noodle Dance – Do the Dab - https://www.youtube.com/watch?v=IRcmxcXyU_g
- ✓ Go Noodle Dance – How to Floss - <https://www.youtube.com/watch?v=TGiyRy2bUPc>
- ✓ Get a basket of socks. Ask a family member(s) to stand with the basket 2

metres away. Get them to count to five and throw a pair of socks at you. You must remain in a small area and try to dodge. Repeat and swap sides. Have fun!

- ✓ Have a family potato and spoon race, black sack race, three legged race or slow bicycle race!
- ✓ Finish off the KM Challenge – let me know your distance!