Katie Taylor was born on 2nd July 1986 in Bray, Co. Wicklow. Katie played lots of different sports when she was young. She liked running, camogie, Gaelic football and soccer. One day Katie’s dad brought her and her two brothers to his boxing club. When Katie saw her brothers boxing, she wanted to box as well. She dreamed of winning an Olympic medal one day, but girls weren’t able to take part in boxing competitions at that time. Katie didn’t give up. She went to Bray Boxing Club and trained very hard. When she was fifteen years old, girls were allowed to box in competitions. Katie won her first fight and has been winning ever since. She has won many gold medals. Katie was Irish Sportsperson of the Year in 2012, which was the year she won a gold medal at the Olympics.

Every child is born for greatness, they just need the support to draw that greatness out of themselves. Hopefully I can inspire them to be the best they can be. Taking up sport is a hugely positive thing for any kid.

A Watch the video of an interview with Katie Taylor or listen to your teacher read what Katie said. Tick the correct box for each question.

1. What is Katie’s earliest boxing memory?
   - Watching her dad box ❌
   - Boxing with her brothers ❌
   - Watching boxing on TV ❌

2. What would she be doing if she wasn’t an Olympic boxer?
   - Sports presenter ❌
   - Teacher ❌
   - Professional footballer ❌

3. What is her favourite meal?
   - Italian food ❌
   - Chinese food ❌
   - Indian food ❌

4. What does she find tough about being an Olympic boxer?
   - Training every day ❌
   - Getting hit in the ring ❌
   - Travelling to competitions ❌

5. Who was her first sporting idol?
   - Sonia O’Sullivan ❌
   - Robbie Keane ❌
   - Francie Barrett ❌

6. What is the best advice she has been given?
   - Go to bed early ❌
   - Eat all your vegetables ❌
   - Never give up ❌