

Week Beginning 15th February

Hi all,

Another week of Remote Learning. As we are all struggling with the academics tasks, this week we are going to try a few hands on, practical activities.

Monday: **Active Monday**

Pick 2 of these activities and complete them.

Signs of Spring. Go for a walk. Can you find some of the signs of spring?

Maths Hunt around your house

STEM activities: Build a tower using things in your kitchen cupboard. It must be able to hold your English book.

Arts Choice Board.

Tuesday: **Pancake Tuesday.**

Recite the Rhyme: Mix a Pancake

Listen to the Story: The Runaway Pancake

Make some pancakes with your family

Sequence how to make pancakes.

~Mental Health Ireland. Smiley Pancakes. Make your pancake smile using fruit, nutella, banana, honey

~Draw your favourite pancake toppings. Leave me a voice note/picture of your pancakes

Wednesday: **Wellbeing Wednesday**

Switching on and giving some time to yourself to do things you enjoy.. Simple activities like being creative, spending time in nature, practising some relaxation.

Here are some activities to help you.

1. Zoom with your friends.
2. Play some board games with your family.
3. Yoga. Cosmic Kids Yoga
4. Go for a walk/cycle
5. Dance in your kitchen
6. Play with Play-doh

Signs of Spring Checklist



buds



Daffodil



snowdrops



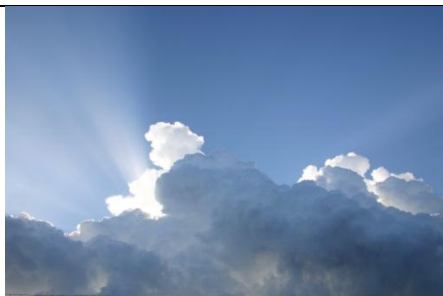
Calf



Lamb



Birds eggs



Sunshine and showers



Primrose



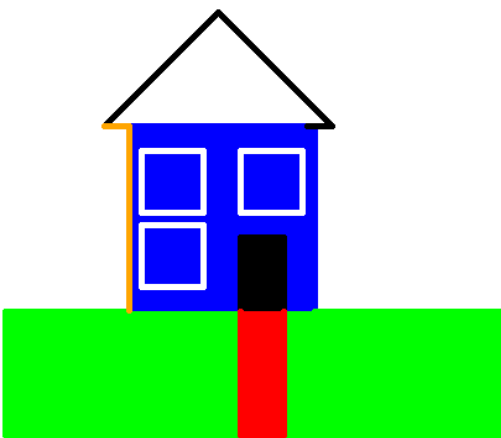
Frogs



Birds building nests

Maths Hunt Around the House


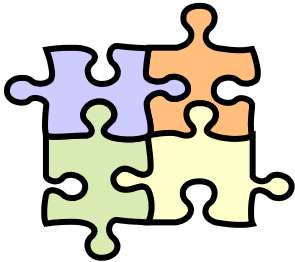
1. Find something that is a circle.
2. Find the number 0 in your house.
3. Find something that is heavier than a bag of popcorn.
4. Find a pencil and crayon/twistable? Which is longer?
5. Find a rectangle.
6. Find a pattern in your house.
7. Find something longer than your hand.
8. Have a race. Who came first?
9. Find a triangle in your house?
10. Find something that is full?



Art Choice Board

Pick 2/3 activities from the board.

Colour in the box when you have them completed.

<p>Lego/Blocks Can you build a Lego city. What will you need for your city? Park, hospital, school, shops, houses.</p> 	<p>Can you make anything out of recyclable materials at home</p>	<p>Say your favourite nursery rhyme in a different voice ~whisper ~scared ~monster</p>
<p>Make an animal out of play-doh. Remember to put hair/fur/spikes if they need it.</p>	<p>Build a reading fort</p>	<p>Listening walk. Go for a quiet walk. Draw a picture of all the different sounds you can hear.</p>
<p>Draw a picture of your family. Colour it in.</p>	<p>Make a jigsaws/puzzles.</p> 	<p>Role Play activity. Dress up in your costumes at home and pretend play (nurse, doctors, vet, mammy/daddy, astronaut)</p>



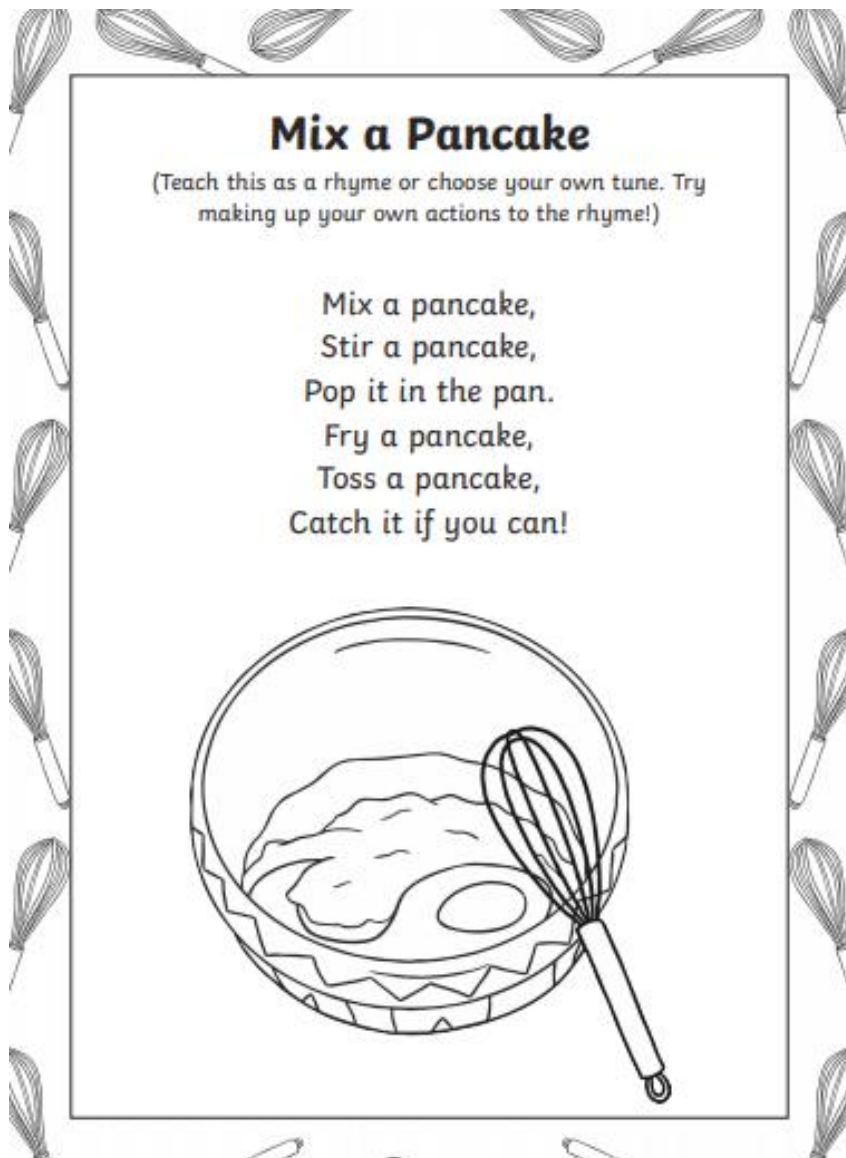
Pancake Tuesday

Listen to the story: The Runaway Pancake

<https://www.youtube.com/watch?v=fnEj6x0nFDI>

Mix a Pancake Rhyme:

<https://www.youtube.com/watch?v=fVOWJT3Y9mw>



Smiley Pancakes:

